

# Golf Instruction 2020 Salt Creek

A Facility of the WOOD DALE PARK DISTRICT Active Places. Friendly Faces.









1051 N. Prospect Ave. Wood Dale, IL 60191 (630) 773-0184 www.saltcreekgolfclub.com

# Salt Creek Golf Club Lessons YOUTH LESSONS

#### **Beginner Junior Golf Class**

(Ages 7-13) \$70

This class is geared towards beginners who have never picked up a club, or those who would like to fine tune or review golf's basic necessary skills. We start the program using easy to use SNAG golf which introduces oversize clubs and balls to learn with. We work on the fundamentals of golf-grip, setup, stance and the basic motor skills needed to produce a good golf swing. Each student will receive a golf related gift for participation.

#### Tuesdays, May 5 - May 26

Time: 6:00 pm - 7:00 pm Registration Deadline is Monday, May 4 or

Mondays, June 1 - June 22 Time: 6:00 pm - 7:00 pm Registration Deadline is Sunday, May 31

Prerequisite: None

#### Junior Golf Class

(Ages 7-13) \$95

Junior Golf Classes: Participation: 5 min to 24 max Ratio:1 coach to 6 students

## Let's Go Golfing Junior Golf Class

(Ages 7-15) \$95 This class is geared towards those who have successfully completed a beginner's golf class. This is designed for those who want to continue to work on their game and take it to the next level. All four classes will focus will on on-course instructional lessons. In addition to working on full-swing and short-game fundamentals, we will discuss the importance of rules, safety and etiquette on the course. We will also discuss course strategy and managing your game on the course. Each student will receive a golf related gift for participation.

#### Tuesday, Aug 4 - Aug 25

Time: 6:00 pm - 7:30 pm Registration Deadline is Monday, August 3 Prerequisite: Beginner golf class

This class is geared to those who have taken our beginners junior class or have some previous golf experience. In this class we will discuss the importance of grip, setup, stance and alignment with all shots. We discuss the full swing a little more in-depth, along with some more advanced putting and chipping instruction. We will also discuss the importance of golf course safety and etiquette, as well as two on-course instructional lessons. Each student will receive a golf related gift for participation.

#### Tuesdays, June 2 - June 23

Time: 5:30 pm - 7:00 pm Registration Deadline is Monday, June 1

Prerequisite: Beginner golf class or

## Tuesdays, July 7 - July 28

Time: 5:30 pm - 7:00 pm Registration Deadline is Monday, July 6

Prerequisite: Beginner golf class



Check the next page for more information on our PGA Jr. League

To sign up for one or more programs listed, please call us at 630.773.0184 or stop in the Golf Shop at Salt Creek Golf Club today!

# Salt Creek Golf Club Lessons ADULT LESSONS

## "SPRING TRAINING" Adult Golf Class

(Ages 16+) \$70

After a long winter season, get back into the swing of things with this refresher Golf Instruction Class! This class is for beginner golfers who have little to no experience, those trying to improve their swing, or for those who just need a refresher for the upcoming season. This class will focus on the basics of putting, chipping, pitching, and the full swing. Clubs will be provided for class if you do not have any. Each student will receive a golf related gift for participation.

#### Tuesdays, April 14- May 12

Time: 6:00 pm - 7:00 pm Registration Deadline is Monday, April 13

Prerequisite: None

#### **Adult Beginner Class**

(Ages 16+) \$70

This class is geared towards beginners who have never picked up a club, or those who would like to fine tune and review golf's basic, necessary skills. We will work on golf's important fundamentals - grip, setup, stance and the basic motor skills needed to produce a good golf swing. We will also discuss important swing techniques, pre-shot routine, course management, pre-round preparation. Clubs will be provided for class if you do not have any. Each student will golf related gift for participation.

#### Thursdays, June 4 - June 25 Time: 6:00 pm - 7:00 pm

Registration Deadline is Wednesday, June 3

Prerequisite: None

Adult Golf Classes: Participation: 5 min to 24 max Ratio:1 coach to 6 students

## Let's Go Golfing Adult Class

(Ages 16+) \$95

This class is geared towards those who have successfully completed a beginner's golf class. This is designed for those who want to continue to work on their game and take it to the next level. All four classes will focus will on on-course instructional lessons. In addition to working on full-swing and short-game fundamentals, we will discuss the importance of rules, safety and etiquette on the course. We will also discuss course strategy and managing your game on the course. Each student will receive a golf related gift for participation.

Thursdays, July 16 - August 6 Time: 6:00 pm - 7:30 pm

## ADULT CLINICS

#### Individual cost is \$20 per Clinic

Participation: 3 min 8 max Ratio: 1 coach to 8 students

These clinics are for beginner golfers who have little to no experience and are trying to improve their skills, or for those who just need a refresher. These 1-hour clinics will help you sharpen your skills in all areas of your game. Choose as many clinics as you would like!

Time: 10:30-11:30 am Sat. May 16 – Putting Sat. June 27 – Chipping Sat. July 18 – Full Swing Basics

#### \*NEW\* for 2020! Weekday Clinics

Sip & Chip Clinics Time: 6:00 - 7:00 pm \$20 per clinic Includes 1 drink ticket

Fri. May 15 - ChippingMon. July 20 - ChippingFri. June. 19 - PuttingThurs. Aug 13 - Putting

## Salt Creek Golf Club Lessons PRIVATE LESSONS

Please call us at 630-773-0184 or stop in the Golf Shop to sign up for one or more programs listed

Private Lessons are a great way to learn the game, fine tune your skills, or focus on a part of the game you need to improve. Individuals will receive instruction from PGA Professional and Salt Creek Golf Club's Head Golf Professional Rob Michalak. Rob uses proven techniques and drills, which are both effective and fun to use. Sign up for your private lesson today by contacting Rob directly at 630.361.0237, or at rmichalak@saltcreekgolfclub.com

#### Private Lesson Rates

Junior Private Lessons (15 years & under) Junior Private Lesson Rate \$55 per ½-hour lesson Junior Private Lesson Pckg. \$250 for (5) ½-hour lessons

Rates include video lessons using V-One Coaching System on iPad or iPhone

#### **Private Lesson Rates**

Adult Private Lessons (16 years +) Adult Private Lesson Rate \$65 per ½-hour lesson Adult Private Lesson Pckg. \$300 for (5) ½-hour lesson

Rates include video lessons using V-One Coaching System on iPad or iPhone



PGA Junior League Golf is a fun, social and inclusive opportunity for boys and girls, ages 13 and under, to learn and enjoy the game of golf from our PGA Professional Rob Michalak here at Salt Creek Golf Club. Our mission is to provide a fun, engaging atmosphere for our Golfers via a team format. Our athletes will receive expert coaching and guidance from our PGA Pro to refine their golf skills, while enjoying time with their peers. Like many other recreational youth sports, participants wear numbered jerseys and play on teams with friends. For more information please visit PGAJLG.com or please contact Head Golf Professional Rob Michalak for details at 630-361-0237 or at rmichalak@saltcreekgolfclub.com

# Salt Creek Golf Club's Golf Professional

MEET ROB MICHALAK 🚳 PGA

Rob was born and raised in Wood Dale, and Salt Creek Golf Club is actually one of the courses where he learned how to play the game. Rob has 20 plus years' experience working and providing golf instruction at top ranked facilities like Medinah Country Club, Omni Tucson National, Marriot Chardonnay Club, Dick's Sporting Goods, and Bridges of Poplar Creek CC. Rob graduated from the Pro Golf Management Program at Ferris State University in Big Rapids, MI. Rob is a Class A PGA Professional Member of the Illinois PGA and the PGA of America.

#### Summary of Rob's Teaching Philosophy

Rob will start the lesson by interviewing his students with basic questions like: What goals and expectations do they have for themselves, and from taking lessons? Has their equipment been fit for them? Do they have any physical limitations? These are critical factors that help understand where each individual is coming from. Rob is a big proponent of focusing on the basics like grip, setup, stance, posture, alignment, ball position, face angle of the clubhead at impact and swing path. Students will learn a basic understanding of how all these factors effect ball flight. Students will be given drills to help them improve and will also receive a basic understanding of how they can self-correct their swing faults. Slow motion video is used to help see key swing factors, and more importantly this will help the students see exactly what is happening.